

Support your activity staff during challenging times

Vibrant Communities offers:

- 1. **Ongoing training, development and support for activities coordinators** to help them plan for, and deliver, personal meaningful engagement.
- 2. Live, online social groups and events for people living in care homes.

Retain confident and supported staff

We know times are challenging, and that it can be difficult to retain your valuable activities staff. Vibrant Communities can help.

Our weekly online support package helps activities staff to **be more confident and better equipped to deliver personalised, meaningful engagement activities** for people living in your care home.

"I feel inspired and look forward to bringing new ideas and interaction to the table."

Very quickly, staff will develop skills to help them communicate and engage with people, particularly people living with dementia.

Live online events for people in care homes

We have regular groups about art and poetry, sport and religion. We also have live guided tours - we've recently been around the V&A museum, visited National Trust properties, and walked along the beaches of Los Angeles in the USA.

Watch our short video to see for yourself:

https://bit.ly/30me4Na





We enable people living in care homes to connect with other people who share similar interests and try new experiences. Events are suitable for everyone, and have been designed to include people living with dementia.

- 1) We **save you time** as all our live events are planned and hosted by us 5 days a week.
- 2) We offer expertise and content not available in many care homes.
- 3) We bring the outside world directly into your care home, and people can even join from their bed if they like.

Impact

Hear more about Vibrant Communities from the people who are part of our community:

"Vibrant Communities has opened the whole world up to our residents, some whom would never have been able to access and see the places they have if it wasn't for Vibrant Communities. I honestly feel that this has really had such a positive impact on those that live at Walmer [House] during what can only be described as the worst 18 months most of us have dealt with in our lifetimes."

People living at Walmer House care home take part in **20 additional hours of personalised engagement each month**.

Jim is a lifelong West Brom football fan. Before he joined our regular football club he greatly missed talking about football and was isolated and withdrawn. Now Jim is very enthusiastic and vocal during our football club sessions.

"[Football club provides] a general feeling of satisfaction and being uplifted, seeing and hearing from other folks of my generation recounting their tales and memories, and reawakening images and further thoughts in my own mind."

Jim takes part in over **6 hours of meaningful engagement every month**, and helps us plan the sessions with the Football Museum, writes the quiz and prepares readings for church services.

Please get in touch with us to find out more: join@vibrantcommunities.co.uk. Vibrant Communities starts from £150 per month, see our pricing here.